

# Bitonian Club OCTOBER 2021 Calendar

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	<b>LOCATION</b> Recital Hall (RH)				9:45am Morning Greeting & Orientation <span style="float: right;">1</span> 10:00am News and Views 10:30am <b>Golf Putting Practice</b> 1:30pm <b>TGIF Social</b> 3:00pm Snack 6:00pm Evening Movie	9:30am Morning Greeting & Orientation, Current Events <span style="float: right;">2</span> 10:00am <b>Sit &amp; Stretch</b> 10:30am <b>Autumn Trivia</b> 1:30pm <b>Old Time Sing-Along</b> 3:00pm Snack 6:00pm Evening Movie
9:30am Morning Greeting & Orientation, News & Views <span style="float: right;">3</span> 10:00am <b>Morning Exercise</b> 10:30am <b>Balloon Challenge Game</b> 1:30pm <b>Matinee Movie</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation, Current Events <span style="float: right;">4</span> 10:30am Spelling Bee 11:00am <b>Chair Workout/Volleyball Circle</b> 1:30pm <b>Sing Along with Dave</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">5</span> 10:00am Current Events & Trivia 10:30am <b>Arts &amp; Crafts: Fall Signs and Napkin Rings Pt. 1</b> 1:30pm <b>Arts &amp; Crafts: Fall Signs and Napkin Rings Pt. 2</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">6</span> 10:00am News & Views 10:30am <b>Baking: Fall Apple Cinnamon Loaf</b> 1:30pm <b>Finish the melodies quiz</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">7</span> 10:00am News and Discussion 10:30am Bingo 1:30pm <b>Discussion: Things to be Thankful for in Life (RH)</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">8</span> 10:00am News and Views 10:30am <b>Thanksgiving History, Facts, and Trivia</b> 1:30pm <b>Thanksgiving Social</b> 3:00pm Snack 6:00pm Evening Movie	9:30am Morning Greeting & Orientation, Current Events <span style="float: right;">9</span> 10:00am <b>Sit &amp; Stretch</b> 10:30am <b>Baking: Cranberry Pecan Pumpkin Cookies</b> 1:30pm <b>Old Time Sing-Along</b> 3:00pm Snack 6:00pm Evening Movie
9:30am Morning Greeting & Orientation, News & Views <span style="float: right;">10</span> 10:00am <b>Breathe &amp; Stretch</b> 10:30am <b>Chair Soccer</b> 1:30pm <b>Adult Colouring</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation, Current Events <span style="float: right;">11</span> 10:30am Spelling Bee 11:00am <b>Morning Stretches/Balloon Badminton Games</b> 1:30pm <b>Sing Along with Dave</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">12</span> 10:00am Current Events & Trivia 10:30am <b>Math Quiz</b> 1:30pm <b>Memory Games</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">13</span> 10:00am News & Views 10:30am <b>Baking: Soft Baked Pumpkin Cookies</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">14</span> 10:00am News and Discussion 10:30am Bingo 1:30pm <b>Crossword Puzzle</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">15</span> 10:00am News and Views 10:30am <b>How to Make Coffee Filter Leaf Sun-Catchers</b> 1:30pm <b>TGIF Social</b> 3:00pm Snack 6:00pm Evening Movie	9:30am Morning Greeting & Orientation, Current Events <span style="float: right;">16</span> 10:00am <b>Sit &amp; Stretch</b> 10:30am <b>Balloon Challenge Game</b> 1:30pm <b>Old Time Sing-Along</b> 3:00pm Snack 6:00pm Evening Movie
9:30am Morning Greeting & Orientation, News & Views <span style="float: right;">17</span> 10:00am <b>Morning Exercise</b> 10:30am <b>Ball Toss</b> 1:30pm <b>Matinee Movie</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation, Current Events <span style="float: right;">18</span> 10:30am Spelling Bee 11:00am <b>Chair Workout/Balloon Toss Game</b> 1:30pm <b>Sing Along with Dave</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">19</span> 10:00am Current Events & Trivia 10:30am <b>Halloween Arts &amp; Crafts: Easy Paper Strip Pumpkins Pt. 1</b> 1:30pm <b>Halloween Arts &amp; Crafts: Easy Paper Strip Pumpkins Pt. 2</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">20</span> 10:00am News & Views 10:30am <b>Baking: Maple Banana Nut Loaf</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">21</span> 10:00am News and Discussion 10:30am Bingo 1:30pm <b>Match the Songs to the Artist</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">22</span> 10:00am News and Views 10:30am <b>Enjoy an at Home Spa Day: Hand Massage and Pampering</b> 1:30pm <b>TGIF Social</b> 3:00pm Snack 6:00pm Evening Movie	9:30am Morning Greeting & Orientation, Current Events <span style="float: right;">23</span> 10:00am <b>Sit &amp; Stretch</b> 10:30am <b>Baking: Pumpkin Gooey Butter Cake</b> 1:30pm <b>Old Time Sing-Along</b> 3:00pm Snack 6:00pm Evening Movie
9:30am Morning Greeting & Orientation, News & Views <span style="float: right;">24</span> 10:00am <b>Move &amp; Groove</b> 10:30am <b>Sunday Morning Coffee Talk</b> 1:30pm <b>Blackjack</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation, Current Events <span style="float: right;">25</span> 10:30am Spelling Bee 11:00am <b>Morning Stretches/Balloon Badminton</b> 1:30pm <b>Sing Along with Dave</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">26</span> 10:00am Current Events & Trivia 10:30am <b>Halloween Pumpkin Carving</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">27</span> 10:00am News & Views 10:30am <b>Baking: Pumpkin Shaped Sugar Cookies</b> 1:30pm <b>Apple Challenge Game</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">28</span> 10:00am News and Discussion 10:30am Bingo 1:30pm <b>How to Make Homemade Honey Apple Cider</b> 3:00pm Snack 6:00pm Evening Movie	9:45am Morning Greeting & Orientation <span style="float: right;">29</span> 10:00am News and Views 10:30am <b>Halloween Costume Party</b> 1:30pm <b>Scary Stories Read Aloud</b> 3:00pm Snack 6:00pm Evening Movie	9:30am Morning Greeting & Orientation, Current Events <span style="float: right;">30</span> 10:00am <b>Sit &amp; Stretch</b> 10:30am <b>Halloween Trivia</b> 1:30pm <b>Old Time Sing-Along</b> 3:00pm Snack 6:00pm Evening Movie
9:30am Morning Greeting & Orientation, News & Views <span style="float: right;">31</span> 10:00am <b>Sit &amp; Stretch</b> 10:30am <b>Balloon Challenge Game</b> 1:30pm <b>Adult Halloween Colouring</b> 3:00pm Snack 6:00pm Evening Movie						